



PREPARATION

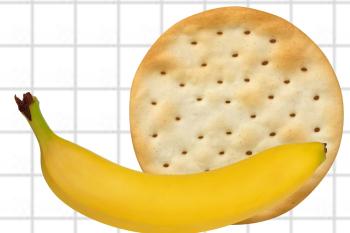
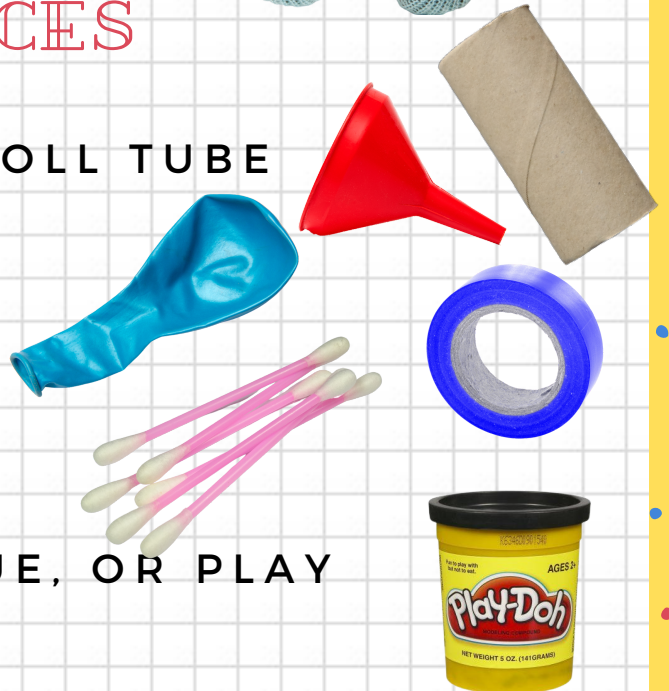
THEME: BODY BUDDIES

MYSTERY BAG

TEDDY BEAR OR DOLL
(WITH ARMS & LEGS ETC)

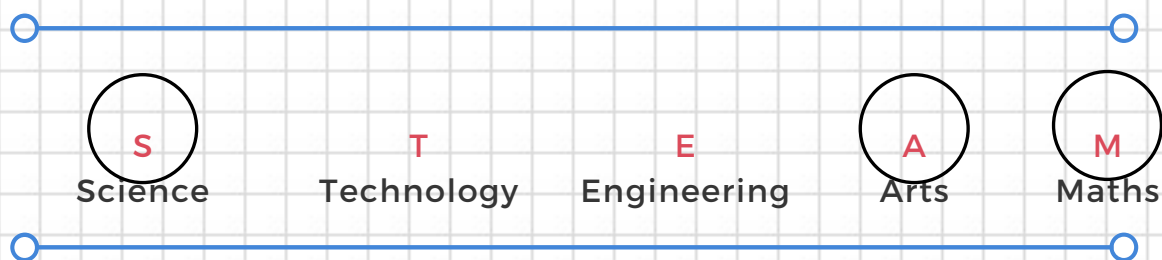
EXPLORATION RESOURCES

- TOILET/KITCHEN ROLL TUBE
- FUNNEL
- BALLOON
- TAPE & SCISSORS
- COTTON BUDS
- BLACK CARD + GLUE, OR PLAY DOH
- BANANA & PLAIN CRACKER/ BISCUIT
- BOWL & POTATO MASHER
- ZIPLOCK BAG
- ORANGE OR LEMON JUICE
- OPTIONAL: OLD 15 DENIER TIGHTS



EXPLORATION

THEME: BODY BUDDIES



Questions/Ideas:

Stethoscopes: Where is your heart? Can you feel your heart beat with your hand? Now let's use a stethoscope to listen to our hearts? Listen again after 10 star jumps - what's changed?

Skeletons: Can we make the shape of our bodies? Where can you feel bones in your body? Let's put that bone on the picture. What is the bone called? Where can we bend between the bones?

Digestive System: Where does our food go first? What do our teeth do? Where does the food go next? Can you point to your stomach? What happens to the food in your stomach? Where does your food go after your stomach and where does it come out?

Learning:

Science: Body parts; Organs and their functions; Heart rates and exercise; Skeletal system; Digestive system.

Arts: Representing the skeleton with cotton buds/play doh.

Maths: Counting heart beats, star jumps and bones; Heart rates.

